



Rio Grande River winds through Rio Arriba County.

## Social Determinants of Health

Our Health Council is dedicated to addressing Social Determinants of Health in our County through:

- Making sure County residents have access to transportation to healthcare services when and where they need it.
- Access to mental health services
- Access to physical health services like primary care and specialty services

## Focus on Equity

Everyone deserves to live a healthy life and our Health Council views every project through an equity lens. Led by our Equity Task Force, we stay abreast of the newest information about Health Equity and put it into practice.

## Who We Are

The Rio Arriba Community Health Council is a group of professionals representing healthcare organizations devoted to working together to over barriers to county residents receiving the best healthcare they deserve.

### Contact Us

Phone: (505) 591-4200

Email: [director@bridgetohealthnm.org](mailto:director@bridgetohealthnm.org)



Rio Arriba Community Health Council  
Coordinated through  
Bridge to Health NM  
628 Riverside Drive  
Española, NM 87532

# Rio Arriba Community Health Council

*Ensuring excellent, equitable and engaged healthcare services for our residents.*





## Behavioral Health

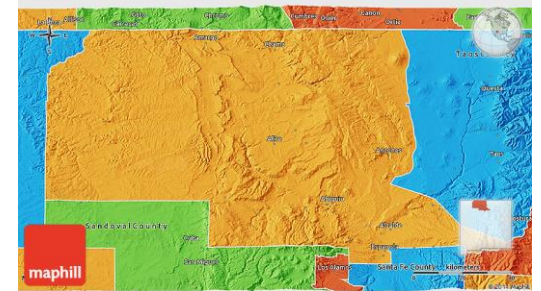
Addiction, depression, anxiety are just a few of the behavioral health issues our residents struggle with and our Behavioral Health Task Force works to make sure services in the County are coordinated around the real needs of our residents.

Treatment services for opiate, alcohol and other drug addictions, counseling, suicide prevention, depression, and anxiety treatments are coordinated through primary care settings, private practice, community support services, and state and county government in a complex web of activities.

# *Prioritizing Our Goals*

*Behavioral Health and Housing came through as priorities for our County after a professional.*

*Through our work on these two major goals, we will improve the health of our people.*



*Rio Arriba County covers 5, 896 square miles of beautiful mountains and valleys in Northern New Mexico.*

## Housing Task Force

People cannot be healthy without shelter and our Housing Task Force, formed in January 2023, works hard to bring together organizations working to help unhoused people. Overnight shelter, transitional housing, rent control, and food distribution are a few of the life-sustaining basic services the housing Task Forces addresses in their work. Recently, the Housing Task Force has been integrally involved with helping residents of two low-rent apartment buildings that closed in the City of Espanola. The Task Force worked with residents and the City to soften the blow to residents as much as possible.